

CONTACTS

- Executive Director**
Jennifer Brubaker
- Maintenance Director**
Michael Withers
- Community Relations Director**
Amanda Pomaville
- Community Relations Director**
Jade McCollister
- Housekeeping Director**
Renita Davis
- Culinary Director**
Jerry Wildman
- Life Enrichment Director**
Kristy Jimenez

National Suicide Hotline
988

Alzheimers Association
1-800-272-3900



**American House
East II**
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HAPPY 250TH BIRTHDAY TO OUR U.S. MARINES

In 2025, the United States Marine Corps is celebrating its 250th birthday with events nationwide, and a special focus on the birthplace of the Corps—Philadelphia. The year-long celebration also features commemorative coins from the U.S. Mint, parades, reenactments and historical exhibits, including the Battleship New Jersey Museum and Memorial.



On November 10th, Marines around the world will take a moment to reflect, commemorate and celebrate 250 years of winning our country’s battles. Our Corps has never been stronger than it is today because of the Marines who wear the Eagle, Globe and Anchor with pride.

The main event will be a black-tie/mess-dress ball that will be held in the Grand Ballroom of the Bellevue in Philadelphia. This event will also be the 100th Marine Corps Birthday Ball. Once a Marine, always a Marine. Semper fidelis and happy 250th birthday!

Quote of the Month

“Whatever you do, **always give 100%.**
Unless you’re donating blood.
~ **BILL MURRAY**”

EVERY MOMENT TELLS A STORY



November Family Night
Neon Glow party

LIVING & WELL
INSPIRING A HAPPIER, HEALTHIER YOU.

EAST II

NOVEMBER 2025

99 YEARS YOUNG AND STILL MOTIVATED FOR MORE!

In honor of Veteran’s Day, meet Tony of American House Keene. He was in a convoy of ships heading towards an invasion of Japan when they got word World War II was over. Just a year earlier, Tony and three of his buddies enlisted in the U.S. Navy one week after graduating from high school.

Born in Boston, Tony’s family moved to New Hampshire, when he was two years old. Tony’s parents dropped out of school in 7th grade, but he was lucky to get an education through the GI Bill. A three-sport athlete in high school, Tony’s love of sports lead to a 30-year coaching, teaching and athletic director career. He was such a good an athlete that he was inducted into the Hall of Fame at two schools.



Tony’s post-coaching career in the insurance industry was just as successful, as were his roles as a husband to his beloved wife of 68 years and raising five happy and thriving children. At 99 years old, Tony never drank or smoked and stays in shape by working out a half an hour a day and eating healthy. Motivation has always been key to Tony’s inspiring success story. He is the “Welcome Ambassador” at American House Keene and considered one of their kindest residents. We thank Tony and all our American House veterans for their service to our country.



NOVEMBER 2025 EVENTS

- Kroger
- Meijer
- Apple Annie's Restaurant
- Ford's Garage Restaurant
- Tuck Everlasting Musical
- Mission BBQ Lunch
- The Ford continental house
- Family Night Chicago 1893

KEEPING DIABETES AT BAY

National Diabetes Month 2025 is dedicated to raising awareness about the chronic health condition that affects millions of people worldwide. This campaign aims to educate the public about the different types of diabetes, risk factors, prevention strategies and importance of early detection and management. It also serves as a platform to support individuals living with diabetes, their families and health care providers in their efforts to control the disease and improve overall health.



SUNDAY			MONDAY			TUESDAY			WEDNESDAY			THURSDAY			FRIDAY			SATURDAY				
 November 2025															01							
															10:30a	Coffee & Chronicles	LO					
															11:00a	Morning Word Scrabble	LO					
															3:00p	Popcorn & Movie	LO					
															6:00p	Cards w/Friends	LO					
7:00p	Ladder-Ball Game	LO																				
02 DAYLIGHT SAVING TIME			03			04 ELECTION DAY			05			06			07			08				
11:00a	Chair Stretch	LO	11:00a	Movin' w/ Linda	LO	10:00a	Audio Nova w/Maureen	LO	11:00a	Sittercise w/ Gabriel	LO	11:00a	Chair Exercise	LO	11:00a	Morning workout	LO	11:00a	Chair Exercise	LO		
11:30a	Communion	CHP	1:00p	Trivia Engagement (TV)	LO	10:30a	Meijer Shopping	OUT	1:30p	Bingo w/ TMT	BAS	2:00p	Happy Hr w/ Gary pillow	LO	1:00p	Watercolor pumpkin Craft		1:00p	Tech Class w/ Mark K.	LO		
1:00p	Velcro Catch Game	LO	2:30p	Quarter BINGO	BAS	11:30a	Nurse education 101	LO	2:30p	Quarter BINGO	BAS	3:00p	Tuck Everlasting Musical	OUT	ABC			1:00p	Salute word Scrabble	LO		
3:00p	Movie & popcorn	LO	3:30p	Ring Toss Game	LO	1:00p	Resident Town Hall	LO	3:30p	Ladder-Ball Game	LO	3:00p	Bible Study w/ Mary-Jo	LO	2:30p	Prize Bingo	BAS	3:00p	Movie & Popcorn	LO		
6:00p	Cards w/Friends	LO	4:00p	General Store Open	EFG	2:00p	Choir Practice	LO	4:00p	General Store Open	EFG	4:00p	General Store Open	EFG	3:30p	Gratitude Dice Game	LO	4:00p	Yahtzee Game	LO		
			6:00p	Cards w/Friends	LO	3:00p	Liturgy & Communion	CHP	6:00p	Cards w/Friends	LO	6:00p	Cards w/Friends	LO	6:00p	Cards w/Friends	LO	6:00p	Cards w/Friends	LO		
			6:00p	Faith in Action	LO	3:30p	Mexican Train game	LO														
						4:00p	General Store Open	EFG														
09			10			11 VETERANS DAY			12			13			14			15				
11:00a	Morning stretch	LO	11:00a	Movin' w/ Linda	LO	10:30a	Apple Annie's Restaurant &	LO	11:00a	10 min Stretch	LO	10:30a	Ford's Garage Restaurant		11:00a	Hula Fit	LO	10:30a	Coffee & Chronicles	LO		
11:30a	Communion	CHP	1:00p	Wheel of Fortune (TV)	LO	Bakery	OUT	LO	1:00p	Fall Resin craft	ABC	OUT			1:00p	Safari Animal Cuddles	LO	11:00a	Morning Stretch	LO		
1:00p	Bocce-Ball	LO	2:30p	Quarter BINGO	BAS	1:00p	Resident Social	LO	1:00p	Chaplain Chats	CHP	10:30a	BP Checks w/TMT	LO	2:30p	Prize Bingo	BAS	1:00p	Spoons Game	LO		
3:00p	Movie Time	LO	3:30p	Ladder-Ball	LO	2:00p	Choir Practice	LO	2:30p	Quarter BINGO	BAS	11:00a	Chair Exercise	LO	3:30p	Skeet-Ball Game	LO	3:00p	Movie & Chill	LO		
6:00p	Cards w/Friends	LO	4:00p	General Store Open	EFG	2:00p	Veteran's Day Celebration	LO	3:30p	Card Game 31	LO	1:00p	Facts on Detroit (TV)	LO	6:00p	Cards w/Friends	LO	6:00p	Cards w/Friends	LO		
			6:00p	Cards w/Friends	LO	3:00p	Liturgy & Communion	CHP	4:00p	General Store Open	EFG	4:00p	General Store Open	EFG				Day!!	Clean out Your Refrigerator			
						3:30p	Wellness U w/ Wanda	LO	6:00p	Cards w/Friends	LO	5:00p	Family Night World's fair									
						4:00p	General Store Open	EFG				Chicago 1893 w/ Paul Richie	LO									
						6:00p	Cards w/Friends	LO				6:00p	Cards w/Friends	LO								
16			17			18			19			20			21			22				
11:00a	Morning Workout	LO	11:00a	Movin' w/ Linda	LO	11:00a	Mission BBQ Lunch	OUT	11:00a	Morning Exercise	LO	10:30a	Kroger shopping	OUT	11:00a	Morning Stretch	LO	11:00a	Salute Scrabble Search	LO		
11:30a	Communion	CHP	1:00p	Friend Feud (TV)	LO	11:00a	Chair Exercise	LO	1:00p	Spelling Bee	LO	2:00p	Happy hr w/ Dorothy Martin		1:00p	Carmel Apple Bar	LO	11:00a	Chair Exercise	LO		
1:00p	Corn-Hole Game	LO	2:30p	Quarter BINGO	BAS	2:00p	Choir Practice	LO	2:30p	Quarter BINGO	BAS	LO			2:30p	Prize Bingo	BAS	3:00p	TV & Popcorn	LO		
3:00p	Movie & Chill	LO	3:30p	Uno Card Game	LO	3:00p	Liturgy & Communion	CHP	3:30p	Engaged senior Trivia	LO	3:00p	Bible Study w/ Mary-Jo	EFG	3:30p	Ring Toss game		6:00p	Cards w/Friends	LO		
6:00p	Cards w/Friends	LO	4:00p	General Store Open	EFG	3:30p	Thanksgiving Word search	LO	4:00p	General Store Open	EFG	4:00p	General Store Open	EFG	6:00p	Cards w/Friends	LO	6:00p	Cards w/Friends	LO		
			6:00p	Cards w/Friends	LO	4:00p	General Store Open	EFG	6:00p	Cards w/Friends	LO	6:00p	Cards w/Friends	LO								
			6:00p	Faith in Action	LO	6:00p	Cards w/Friends	LO				6:30p	Bingo w/ St. Pio	LO								
23			24			25			26			27 THANKSGIVING			28			29				
11:00a	Chair Workout	LO	11:00a	Movin' w/ Linda	LO	11:00a	The Continental @ Ford		11:00a	Chair Exercise	LO	11:00a	Thankful Tree Activity	LO	11:00a	Morning Exercise	LO	11:00a	Morning Stretch	LO		
11:30a	Communion	CHP	1:00p	Color Together	LO	House (Lunch)	OUT		1:00p	Trivia w/ Accent Care	LO	4:00p	Family Roots Sharing		1:00p	Trivia Engagement (TV)	LO	1:00p	Bop it Game	LO		
3:00p	Movie & Popcorn	LO	2:30p	Quarter BINGO	BAS	2:00p	Choir Practice	LO	2:30p	Quarter BINGO	BAS	(Harvesting Memories)	LO	2:30p	Prize Bingo	BAS	2:30p	Movie & Rest	LO			
5:00p	Sorry Board game	LO	3:30p	Card game 31	LO	3:00p	Liturgy & Communion	CHP	3:30p	Ring Toss Game	LO	4:00p	General Store Open	EFG	3:30p	Making Christmas Cards For		6:00p	Cards w/Friends	LO		
6:00p	Cards w/Friends	LO	4:00p	General Store Open	EFG	3:30p	Thankful for you & Pumpkin	LO	4:00p	General Store Open	EFG	6:00p	Cards w/Friends	LO	6:00p	deployed Troops	ABC	6:00p	Cards w/Friends	LO		
			6:00p	Cards w/Friends	LO	4:00p	General Store Open	EFG	6:00p	Cards w/Friends	LO	6:00p	Thanksgiving Movie & Snacks	LO		Cards w/Friends	LO	6:30p	Color Together	LO		
30			LOCATION KEY																			
11:00a	Chair Exercise	LO						ABC ABC Common Area BAS Basement CHP Chapel DR Dining Room					EFG EFG Common Area LO Lobby OUT Outing PAT Patio					Patricia J. 11/1 Janet P. 11/13 John S. 11/14 Marva C. 11/26				
11:30a	Communion	CHP																				
3:00p	Popcorn & Movie	LO																				
6:00p	Cards w/Friends	LO																				